

YOUTH HEALTH PULSE



Youth Health Pulse is your source for all things Planned Parenthood Toronto, reproductive justice, queer liberation, and youth advocacy.



PPT IS GETTING AN ULTRASOUND MACHINE!

PPT is excited to announce we will soon be able to offer on-site ultrasounds to clients! In mid-June we held a three-day ultrasound training with the help of over 100 volunteers from the community! As a result, all of our full- and part-time doctors and nurses were trained in pelvic and transvaginal ultrasounds.

The three-day event featured snacks, music, and a whole lot of learning.



Some of our staff at our Pride sign-making social!

Every year, the trans march is also a reminder of how much work still has to be done, now more so than ever. When trans youth are being let down by the people who should be looking out for them — their schools, their parents, our governments — PPT knows our work matters even more.

That's why PPT is proud to march each and every year at Pride — so that 2SLGBTQ+ youth can see that they are not alone, and that PPT is in their corner, whether at our clinic, in their schools, or on the streets of Toronto.



PPT VOLUNTEER PRIDE SOCIAL & TRAINING

On June 24 we held our Volunteer Pride Social! Volunteers and staff alike were invited to spend an afternoon crafting, eating, and connecting with their fellow volunteers. Despite the sweltering heat of the day, we gathered together to celebrate the creativity and passion of our 2SLGBTQIA+ community (with frequent breaks to our air-conditioned clinic and plenty of water to go around), with delicious food, games, beading, and sign making for summer marches!

This past spring, PPT brought all our programs that are supported by volunteers – including Teen Health Source, T.E.A.C.H. (Teens Educating and Confronting Homophobia), Peer Education, and Youth Futures – to host a single coordinated volunteer training. Always adaptive and responsive, our programs are finding new ways to engage and serve youth in our current world. The joint training allowed for lots of cross-learning and training on fundamental PPT values: reproductive justice, youth futures, health equity, and more. PPT could not do even half of what we do without our amazing volunteers. An enormous thank you for all that you do!

Want to volunteer with PPT? Look out for volunteer Board Member recruitment call outs in early 2026!

YOUTH FUTURES' FIRST COHORT BEGINS

Now more than ever, youth are at the forefront of imagining what the future can look like in a more beautiful world. What are the possibilities to do things differently when so much seems uncertain around us? What are ways that youth can discover their own leadership and voices to come together collectively share, nurture and mobilize communities of other youth? What are the ways in which this moment of rapid system change can be nudged towards justice? How do we keep dreaming instead of despairing?

These are the big and gorgeous questions a cohort of BIPOC queer and trans youth have come together to answer through art, activism, shared meals, policy education, nature walks and above all, friendship, as part of PPT's Youth Futures program, generously funded by the Ontario Trillium Foundation. As Toronto's only youth Community Health Centre, PPT is honoured to host and hold this powerful group of youth pushing for a more equitable future.

If you are interested in joining our next BIPOC queer and trans Youth Futures cohort starting in January 2026, stay tuned for recruitment announcements in the fall.



MUCH NEEDED RENOVATIONS AT PPT

For anyone who has visited our Prince Arthur location, you know that PPT is housed in a beloved but tiny Victorian house, which means that we are always challenged for community, clinical and staff space!

Thanks to another generous grant from the Ontario Trillium Foundation, PPT will be able to build two new flexible closed-door office spaces, improve "hot desk" options and increase community program space. We will also be expanding the size of our lab and increasing some

accessibility features in our ground floor washroom. Renovations start later this summer!

Thanks so much for reading, and always for your support of Planned Parenthood Toronto!

[DONATE TO PPT](#)

