



planned parenthood toronto

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Charitable Registration Number: 1190 94449-RR0001

research

We were the lead on a one year research project titled "Understanding the Sexual and Reproductive Health Needs of Young Bisexual Women in Toronto". This qualitative research project demonstrated that young bisexual women's sexual and reproductive health needs are not being met which results in health disparities and impacts health outcomes. Research like this is crucial to informing our practice and creating more inclusive health care for everyone.

community programming

We offered youth and women a diverse range of programming including:

Sexual and reproductive health workshops and youth events for young men, young parents, newcomer youth, and other youth aged 13 – 29;

SHARP (Self-Esteem Health Appreciation Respect Project), programming for newcomer youth;

Supporting Newcomer Access Project (SNAP), peer-based sexual health education for newcomer youth in Toronto;

Time Out group programming for young parents;

The Youth HIV/AIDS Project: Prevention Engagement Action Knowledge (PEAK), an HIV prevention and anti-stigma peer education project;

RPTV project with Regent Park Focus, a youth television creation project;

Supporting Youth in Building Resiliency and Healthy Relationships Project, new health promotion programming with a focus on youth resilience;

T.E.A.C.H. (Teens Educating And Confronting Homophobia), youth peer-based anti-homophobia education;

Filling in the Blanks, peer-based sexual health project for LGBTQ youth;

Teen Programming, comprehensive, peer-based sexual health information utilizing the web (teenhealthsource.com), text, email, phone and instant chat for youth 13-19 years old;

Women's Programming, sexual health programming for women in the shelter system, a satellite peer-based sexual health service at the Bay Centre for Birth Control and programming for LGBTQ Women.

That's a lot of programming, but what does it do?

Our community programming ultimately forms around one goal: creatively engaging with youth and women to increase agency, access, and power. This means offering information, education and skill-building, but maybe more importantly it means actually building programming with community consultation, and talking with youth and women to see how we can be doing better. This approach uses community consultations, evaluation results, youth advisory committees and other methods to gather information from the youth and women we serve in order to have that input inform every aspect of our programming and services. Some of the projects from this year included: digital stories that allowed youth to explore their experiences and give a voice to often-ignored perspectives; development of a new safer sex app for youth (my choice); a photography exhibit that explored sexual health concepts from a youth perspective, and a collection of affirmational statements collected into an affirmation deck that aims to build strength around identity for LGBTQ youth. Health promotion and community work are crucial components of PPT's mission.

April 2014
23,102 hits

March 2015
215,285 hits

There was a **931.9%** increase of monthly hits on the **Teen Health Source** website

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letter from the board chair and executive director

It's always hard to write these letters. Summing up a year can be hard enough under the best circumstances, but this year in particular finds PPT at a pretty transformative crossroads: at the end of a four-year strategic plan, and facing the start of a new five year one that will take us to 2020 with a new bold vision for the future of PPT. As it stands, we are here attempting to reflect but staring into a room of mirrors...

The themes for the year are familiar to us – success and change – and neither one is often easy. It is, though, in the difficult spaces that we grow, as people and as organizations. Our previous strategic plan set us some ambitious goals, "demonstrating excellence" chief among them, and the ways we've realized those goals are humbling. We've won awards and embraced digital technologies in new, exciting ways. We've become a voice for choice in the media, establishing ourselves as the authority on youth sexual health. We took the lead in supporting Ontario's new sex-ed curriculum (#SupportSexEd). We've taken hard looks and made serious changes to how we provide service. We've expanded our Health Promotion with new programs and youth-led initiatives. We've changed the way we deliver service in the clinic to increase access and decrease waiting. We've conducted needs assessments and used them to get better at serving underserved youth in Toronto; we've listened to youth and implemented changes that they have requested. We've developed a new youth clinic – EdgeWest – that expands our approach to service outside of our four walls. We've completely overhauled our brand with a new youthful, simple, bold look and a philosophy of striving to constantly be champions of choice. In short: we've grown; we've expanded, and we've focused – all with the goal of increasing our ability to empower and educate. Our new strategic plan is a new journey with new goals – goals like youth centred design, focused service expansion to meet unmet needs, continued innovation and organizational excellence – goals that add up to a revolutionizing of the sexual health dialogue.

When we think about all the success, all the transformation, and indeed all the struggle that comes along with success and transformation, there are two constants that drive it all: the people that give their time and energy to us, and the mission that brings them together. Our staff and volunteers are a humbling group of people to be around. They've shown they can walk an unspoken path and leave lush growth in their wake. They are the ones meeting new challenges and stoking the fires of transformation. PPT's success is theirs, and we offer our unwavering gratitude to them for their dedication to choice and the well-being of Toronto's youth and women.

The future will see us building on our successes, not resting on them. It will see us revolutionizing the sexual health dialogue, fostering sexual empowerment through fearless leadership. Our past informs our future, but what do all the directions of time share? What binds all these years, all these moves – the past and the future and all the people that take part in both – together? One thing: choice. Choice is mine; choice is ours; choice is yours. Let's celebrate that, and let's make it more true, every year.

Sincerely,
Michelle Benson & Sarah Hobbs-Blyth

health services

we offer services for youth aged 13–29 including primary care, mental health care and sexual and reproductive health care

Our Therapists and Case Coordinator continue to refine how mental health services are offered; this has resulted in a decrease in the number of no shows and a substantial increase in the number of available appointments for youth to access counseling.

This past year...

our team saw

9,123 face-to-face encounters
by year end we had 10,258 active clients
965 phone encounters

being a sexual health clinic, it comes as no surprise that our top three issues addressed during an encounter are:

- 1 Fear/Concern about Sexually Transmitted Infection
- 2 Birth Control
- 3 Request for Results of Test(s)

our robust volunteer program continues to improve access for everyone

769 encounters
678 clients

support for trans identified youth:

we initiated a peer support group for trans identified and gender questioning youth aged 13 – 16 and we are offering clients hormone therapy as well as mental health support to youth who are working through gender identity concerns

in response to the growing popularity of IUDs as a form of birth control for youth, we started offering IUD insertions and the sale of IUDs at a low cost.

less wait time for clients:

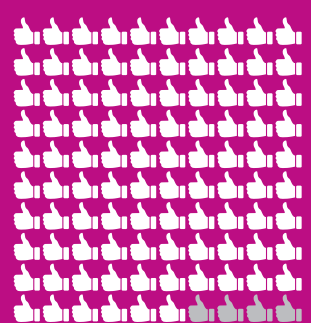
3rd next available appointment dropped from 31 days to 5-7 days and clients can now also book same day appointments

We implemented a new electronic medical record system to align with Community Health Centres across the province. This was a huge undertaking which required many hours of additional work for staff. Despite this our service to clients was not substantially impacted.

We have partnered with the Mid-Toronto West Health Link and are involved in the pilot project Solo Practitioners in Need (SPIN). This involves a single point referral process for solo practitioners operating in the health link to refer their clients for allied health care services offered at the participating Community Health Centres.

Volunteering as a peer educator in our clinic is a coveted role, and with good reason, as volunteers provide direct service to our clients by providing them with health information and education, peer-to-peer. This year we expanded the role to give more clients access to our trained peer volunteers.

Our Mobile Health Unit continues to visit shelters across the city. We see clients for primary care and sexual and reproductive health. By bringing services directly to where youth and women are living we are reducing barriers and improving access to care for some of the city's most at risk residents.



96% of clients agree that they feel comfortable & welcome at ppt

87% of clients and participants in 2014 agreed or strongly agreed that ppt made a positive contribution to their lives

2014
2013
this is up by 5% from 2013



introducing EdgeWest, healthcare for youth

EdgeWest is a new youth-informed clinic in Toronto's west end that we created as a Health Link initiative in partnership with Davenport-Perth Neighbourhood and Community Health Centre to bring our sex-positive, youth-positive, non-judgmental brand of healthcare to an underserved area. Youth visiting EdgeWest can get primary care, sexual and reproductive health care, mental health care (from LOFT Community Services), legal aid (from Legal Aid Ontario), employment and housing help, low cost birth control and more. EdgeWest was developed in consultation with over 300+ youth and continues to be guided by a Youth Advisory Committee, so when we say "youth-informed" we totally mean it.

Visit edgewest.ca for more info



At PPT there are 10 programs that rely on peer volunteers. We receive an average of 2.4 applications for every volunteer position at PPT.



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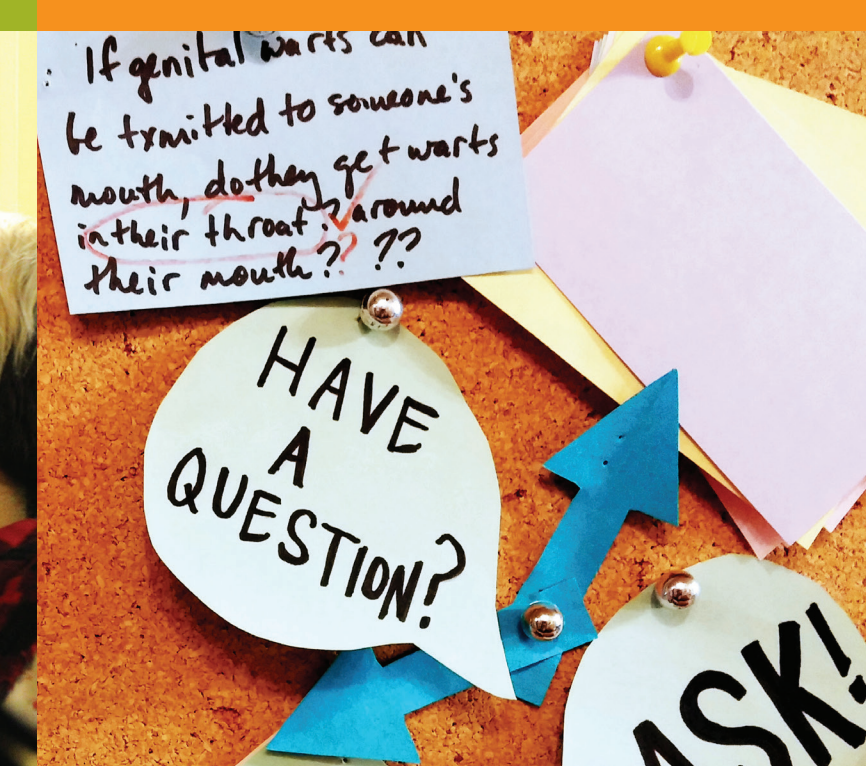
Catherine McCormick
McMillan LLP

vision

A future of sexual and reproductive choice, freedom and possibilities.

mission

We are a pro-choice community health centre that advances and advocates for the sexual health, health & well-being of youth.



Statement of Revenue and Expenses for the year ended March 31, 2015

These figures are a statement of Planned Parenthood Toronto's financial activities from April 1, 2014 to March 31, 2015. Complete audited financial statements are available upon request.

Revenues	General	Mobile Health Unit	Health Services	Capital	Total
Toronto Central LHIN	-	-	2,462,044	-	2,462,044
City of Toronto	117,708	-	-	-	117,708
United Way Toronto	-	-	-	-	-
Base Allocation	222,539	-	-	-	222,539
Donor Choice Allocation	11,425	-	-	-	11,425
Public Health Agency of Canada	79,994	-	-	-	79,994
Ontario Trillium Foundation	53,065	-	-	-	53,065
Toronto Community Foundation	-	-	-	-	-
Kevin Burke Foundation	1,000	-	-	-	1,000
Vital Ideas Grant	30,000	-	-	-	30,000
Other Project Revenue	23,899	-	35	-	23,934
Recovery of Administrative Overhead	25,946	-	63,040	-	88,986
Fundraising	-	-	-	-	-
Individuals and Corporations*	336,989	-	200	-	337,189
Events	-	-	-	-	-
Productive Enterprise	-	-	-	-	-
Contraceptive Sales	131,652	-	-	-	131,652
Workshops and Trainings	1,821	-	100	-	1,921
Other Income	334	-	-	-	334
Investment Income	3,841	-	-	-	3,841
Total Income	1,040,213	-	2,525,419	-	3,565,632

Expenses	General	Mobile Health Unit	Health Services	Capital	Total
Salaries and Benefits	453,151	19,358	2,003,157	-	2,475,666
Building	22,737	-	60,210	-	82,947
Purchased and Contractual Services	4,296	-	172,275	-	176,571
Operating	12,167	27	121,625	-	133,819
Administrative	5,427	-	30,681	-	36,108
Cost of resale contraceptives	130,991	-	-	-	130,991
Fundraising	2,730	-	-	-	2,730
Programming	124,290	10,806	40,498	-	175,594
Non-Insured	-	-	87,845	-	87,845
Amortization	-	-	-	29,600	29,600
Total Expenses	755,789	30,191	2,516,291	29,600	3,331,871
Excess of Revenues	284,424	-30,191	-9,128	-29,600	233,761
Amount Repayable to Toronto Central LHIN	-	-	-9,128	-	-9,128
Excess of Revenues over Expenses, net	284,424	-30,191	-	-29,600	224,633

* Revenue for the year included a bequest in the amount of \$313,250 from a private donor for unrestricted use. Funds were received at close of fiscal year, and organization is reviewing how best to use the one-time gift of funds.



annual report 2015